



# What is your Digital Footprint?

A digital footprint is the trail of data you create while using the internet. It includes the websites you visit, the emails you send, and the information you submit online.

## How can you Protect your Digital Footprint?

- **Be Selective:**  
Share information online cautiously and consider the potential long-term impact.
- **Privacy Settings**  
Adjust the privacy settings on social media and other online platforms to control who can see your information.
- **Review & Stay Informed**  
Periodically check your online presence and remove or update outdated or unnecessary information. Keep up with the latest privacy and security practices to protect your data effectively.

